

We are interested in studying the kinds of attitudes and life experience people have. The following questionnaire contains statements about attitudes and life experiences. Please indicate how much you agree or disagree with the following statements on a scale of: 1= Strongly Disagree, 2 = Disagree, 3 = Neither Agree Nor Disagree, 4 = Agree, and 5 = Strongly Agree

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
1) I feel like my thoughts are being generated by someone else.	1	2	3	4	5
2) I feel like my current life is not connected with my life in the future.	1	2	3	4	5
3) I sometimes feel like I can see myself from the outside.	1	2	3	4	5
4) I feel as though I no longer have an identity.	1	2	3	4	5
5) I have had the feeling that I am watching myself from outside my body.	1	2	3	4	5
6) I have difficulty telling whether I am experiencing something or just imagining it.	1	2	3	4	5
7) I feel like my inner-most identity has disappeared.	1	2	3	4	5
8) I have had the feeling that I am older or younger than I actually am.	1	2	3	4	5
9) I wonder whether or not I truly exist.	1	2	3	4	5
10) I feel as if I have lost contact with myself.	1	2	3	4	5
11) I feel like my body has changed.	1	2	3	4	5
12) When I am reading, I feel like the words are being read by someone else.	1	2	3	4	5
13) I sometimes feel like my legs, arms, or other body parts are not really mine.	1	2	3	4	5
14) I have the experience of being unsure if I have said something out loud or just thought it.	1	2	3	4	5
15) I feel distant from myself.	1	2	3	4	5
16) I sometimes feel like I am unable to control my body parts.	1	2	3	4	5
17) I often feel like I need to agree with other people because I have no point of view.	1	2	3	4	5
18) I feel as if I have totally lost myself.	1	2	3	4	5
19) I often look in the mirror to see if I have changed.	1	2	3	4	5
20) I feel as if my thoughts are not my own.	1	2	3	4	5
21) I try to figure out who I am by looking at things like photos, notes, and diaries.	1	2	3	4	5

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
22) It seems like time is moving faster or slower than it used to.	1	2	3	4	5
23) I am living in another world.	1	2	3	4	5
24) I have electric sensations in my body.	1	2	3	4	5
25) I feel as if I am not part of this world.	1	2	3	4	5
26) I fear that I am losing myself.	1	2	3	4	5
27) I have had feelings of hot or cold throughout my body that are not caused my changes in temperature around me.	1	2	3	4	5
28) When thinking, I feel as if my thoughts are being written down.	1	2	3	4	5
29) I feel that I am a stranger to myself.	1	2	3	4	5
30) I have felt pain from hearing noises.	1	2	3	4	5
31) I feel like time is rushing ahead, slowing down, or standing still.	1	2	3	4	5
32) I feel as though I no longer have a connection with the world.	1	2	3	4	5
33) I have felt as if my leg is jerking or my body is rocking when I am in fact not moving.	1	2	3	4	5
34) I sometimes feel as if I am a ghost.	1	2	3	4	5
35) I feel that I am not really present in this world.	1	2	3	4	5
36) I have had times when I am unable to control my body.	1	2	3	4	5
37) When thinking, my thoughts seem so loud that I wonder if other people can hear them.	1	2	3	4	5
38) I feel that I am not the same person I have always been.	1	2	3	4	5
39) I have had times when I have tried to move but cannot.	1	2	3	4	5
40) I feel that I have an inner void.	1	2	3	4	5
41) I sometimes cannot remember doing things that I know I have done.	1	2	3	4	5
42) When I think about myself, I feel like I am thinking about a different person.	1	2	3	4	5
43) I have had sudden feelings of weakness in my arms, legs, or other body parts.	1	2	3	4	5
44) I feel like there is not a connection between myself and what I am thinking.	1	2	3	4	5
45) I avoid discussions because I have no opinion of my own about things.	1	2	3	4	5

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
46) I feel as if I am fading out of existence.	1	2	3	4	5
47) When I see someone moving, I feel like I am moving, too, even if I am completely still.	1	2	3	4	5
48) I am constantly observing myself, to the point where I have trouble following what's going on around me.	1	2	3	4	5
49) I feel as if my thoughts are repeated or echoed outside of my head.	1	2	3	4	5
50) When I do something, I feel like it is not really me doing it.	1	2	3	4	5
51) I feel like I am a passive observer of the world.	1	2	3	4	5
52) My facial expressions, speech, behavior, and gestures are often not in line with what I am thinking or feeling.	1	2	3	4	5
53) I have the confusing feeling that I am somehow changing.	1	2	3	4	5
54) I feel as if the barrier between myself and the world has disappeared.	1	2	3	4	5
55) I do not have as strong of feelings as I used to.	1	2	3	4	5
56) When thinking, I can see my thoughts going one in front of the other.	1	2	3	4	5
57) The meaning and significance of my world seems to have changed.	1	2	3	4	5

Scoring

Total Score: Sum of all 57 Items

Cognition: Sum items 1, 12, 20, 28, 37, 49, 56

Self-Awareness and Presence: Sum items 2, 4, 7, 10, 15, 18, 21, 23, 26, 29, 32, 35, 38, 40, 42, 44, 46, 48, 50, 53, 55, 57

Consciousness: Sum items 6, 14, 22, 31, 41, 52

Somatization: Sum items 3, 5, 8, 11, 13, 16, 19, 24, 27, 30, 33, 36, 39, 43, 47, 51, 54

Demarcation/Transitivity: Sum items 9, 17, 25, 34, 45

No items are reserve scored.